

JOSH POLK

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EDUCATION AND TRAINING

Bachelor of Arts in Musical Theatre

James Madison University

Psychological First Aid Certification

Johns Hopkins University

Trauma-Informed Care Workshop

Connected Community Counseling

Foundations of Diversity and Inclusion at Work

University of Virginia Darden School of Business

VARC Autism Training

VCU Autism Center for Education

Art Works for Virginia Conference 2022

Expanding Access to Arts in Education

PROFESSIONAL EXPERIENCE

Mill Mountain Theatre (MMT), Roanoke, VA

Assistant Director of Education | December 2022 - Present

Resident Teaching Artist | January 2022 - December 2022

- Teaching classes, masterclasses, and workshops for all ages
- Directing and choreographing education performances
- Event and volunteer coordinating
- Strengthening community partnerships through outreach education
 - Outreach partnerships: Roanoke City Public Schools, West End Center for Youth, YMCA, The Glebe Retirement Community
- Developing curriculum and lesson plans for semester-long, week-long, and standalone courses
 - Courses included: Elementary-High School Music Theatre, Beginner-Advanced Dance (Ballet, Tap, & Jazz), Pre-K-2nd Grade Acting and Creative Movement, Middle-High School Acting and Improv

West End Center for Youth, Roanoke, VA

Administrative Assistant | August 2022 - January 2023

- Supporting the Executive Director in day-to-day office operations
- Representing the non-profit in conversations with parents and community partners
- Managing enrollment, student information, and tuition payments
- Collecting and summarizing community demographics data for grant writing

Private Musical Theatre and Dance Coach, Roanoke, VA

Instructor | April 2022 - Present

- Teaching private classes in dance (ballet, tap, and jazz) and musical theatre performance
- Creating an individualized curriculum for each student including repertoire selection and choreography

Valley Dance Theatre, Staunton, VA

Substitute Dance Teacher | December 2021

- Taught classes in ballet, tap, jazz, hip-hop, lyrical, and acro to 5-12 year olds
- Flexibly adapted existing lesson plans and curriculum to teach at short notice

James Madison University Costume Shop, Harrisonburg, VA

Stitcher | January 2020 - December 2021

- Assisted in the construction of all costumes for the School of Theatre and Dance
- Supervised practicum students and taught the basics of sewing and costume construction

Low Key A Capella, Harrisonburg, VA

Music Director | August 2019 - May 2022

- Oversaw and facilitated all rehearsals, performances, and music for a mixed voices A Capella group
- Responsibilities included: Teaching music, overseeing arrangements, conducting, and song selection

ARTISTIC EXPERIENCE (full resume available)

Performer
Director

Choreographer
Assistant Stage Manager

Associate Costume Designer
Stitcher